

Showering Instructions Before Breast Surgery

Many hospitals and healthcare facilities recommend bathing with Hibiclens.

If you do not have Hibiclens or if you have a chlorhexidine allergy:

- Use an over-the-counter antibacterial soap (example: Dial)

Here's how to prepare for your surgery:

Please use

1. The night before surgery.
 2. The morning of surgery.
- If you plan to wash your hair, use your regular shampoo; then rinse your hair and body thoroughly to remove any shampoo residue.
 - Wash your face with your regular soap or water only.
 - Thoroughly rinse the rest of your body with water from the neck down.
 - Apply Hibiclens directly on your skin or on a wet washcloth and wash gently; move away from the shower stream when applying Hibiclens to avoid rinsing it off too soon.
 - Rinse thoroughly with warm water and keep out of eyes, ears and mouth; if Hibiclens comes in contact with these areas, rinse out promptly.
 - Dry your skin with a clean towel and dress in clean clothes.



- Do not use your regular soap after applying and rinsing with Hibiclens.
- Do not apply lotions or deodorants to the cleaned body area.

For more information, visit <https://hibiclens.com/pre-post-op/before-surgery/> or scan the QR code below.

